

STATUS

IS RIGHT ON TRACK

MUSIC
ISSUE

DEATH CAB
FOR CUTIE

MEET THE BOYS
OF SUMMER

GARBAGE'S
SHIRLEY
MANSON
IS 90s' COMEBACK
CHICK

THE
SECOND
COMING

SANTI
COLD

ON HER
NEW
ALBUM

+

CHIDDY BANG
BOMBAY
BICYCLE CLUB
NEON HITCH
BEI MAE JOR
LIL TWIST



SUITE

ZEN AT WORK

Tucked in the mountains of Boracay is the **MANDALA SPA & VILLAS**. Taking its name from the Sanskrit word for circle, the sanctuary reflects the holistic nature of its various treatments.

It has gained praise from experts all around the world. Among the critics' favorites are the Hilot Trilogy Treatment, which is based on the traditional Philippine healing massage; the Mandala Signature massage, which

uses long and gentle strokes that loosen up the body's tension points; and the Shodhana Karma Treatment, which takes you through a three-hour Ayurvedic treatment that combines a signature massage with Ayurvedic sesame oil, a sauna session that releases toxins, and a final Ubvartan springtime scrub. Truly, Mandala caters to the body, but also makes sure to heal the mind and soul.

mandalaspaspa.com

PLATE

GRILL SERGEANT

In **SIZE MATTERS**, it's not just how big the sandwich is, it's how much of it you can eat.

G/F 500 Shaw Zentrum, Shaw Blvd., Mandaluyong City



BREAKFAST IN BED

Wake up on the right side of the bed by chomping into your eggs, bacons, sausages, and English muffins in one big bite.



ITALIAN BURGER JOB

This peppery plate of Italian sausage won't break the bank, but it will bust your belly.



BLUE AND CLASSIC ICED TEAS

Guzzle down a glass of blue summer comfort, and if that's too daring, there's always the classic choice.



POTATO PLATTER

One potato, two potato, three potato, more! Take a guilty pleasure trip by having your spuds three ways.



CORKAGE

EXCHANGE DEAL

Who says drinks and dinner can't be a fluid event? Australasian restaurant and bar **THE EXCHANGE** wants you to sip your bubbly and nibble on Singapore's freshest fusion food without having to worry about switching venues. With signature drinks like The Exchange Bloody Mary and a cellar that would make any vintner proud, you're free to enjoy Chef Kacey Whaitiri-Roberts' sea bass carpaccio, prawn and scallop ravioli, and braised beef cheek with celeriac purée knowing that there's a drink list that can stand on its own two feet. Call it dinner with benefits.

theexchange.com.sg



GRUB

BEDTIME STORIES

Sussle up to your favorite book, fall asleep after a couple of chapters, and wake up to a steaming cup of coffee in Singapore's **THE BOOK CAFÉ**. Known as a cozy place to unwind, the coffee shop-slash-library boasts soft lighting, stacked bookshelves, and al fresco dining to enhance the homey experience. And if that doesn't get you rolling, then maybe the all-day breakfast service will have you singing a different tune.

thebookcafe.com.sg