



## **Maria Cristina Teotico, M.D.**

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### **EDUCATION**

#### ***Advanced Course in Aviation Medicine***

Centre for Human and Aerospace Physiological Sciences  
Guy's Campus, King's College London  
University of London, UK

November 2011

#### ***JAR-FCL3 (Medical) Training***

Joint Aviation Authorities Training Organization (JAA-TO)  
Saturnusstraat 40-44  
2132 HB Hoofddorp, The Netherlands

August 2011

#### ***Helicopter Medical Flight Crew Course***

CCAT Aeromedical Training  
University of Surrey, Guildford, UK

July 2011

#### ***Aircraft Underwater Escape and Sea Survival Training***

Andark Diving and Watersports  
256 Bridge Road, Lower Swanwick  
Southampton, Hampshire UK

July 2011

<p><b>Medical Emergencies in Flight</b>  CCAT Aeromedical Training in association with Virgin Atlantic  Virgin Atlantic Base, Crawley UK</p>	July 2011
<p><b>Clinical Considerations in Aeromedical Transport</b>  CCAT Aeromedical Training  University of Surrey, Guildford, UK</p>	July 2011
<p><b>The ABC's of Disaster Medicine</b>  Harvard Medical School  Department of Continuing Medical Education  Boston, Massachusetts</p>	April 2011
<p><b>Cardiology Theme Aviation Medical Examiner Seminar</b>  Federal Aviation Authority (FAA)  Kansas City, Missouri, USA</p>	November 2010
<p><b>Aeromedical Evacuation Course: Transport and Rescue</b>  Medical + Rescue Aeromedical Solutions  Queenstown, New Zealand</p>	September 2010
<p><b>First International Bangkok Congress on Anti-Aging and Regenerative Medicine</b>  American Academy of Anti-Aging Medicine, Inc  The Millenium Hilton  Bangkok, Thailand</p>	November 2009
<p><b>Basic Aviation Medical Examiner (AME) Training Seminar</b>  Federal Aviation Authority (FAA)  Civil Aerospace Medical Institute (CAMI)  Oklahoma City, Oklahoma, USA  AME Designation Number 003482</p>	November 2008
<p><b>The Global Clinic: Healthcare Management for Physician Executives</b>  Harvard Medical School  Department of Continuing Medical Education  The Fairmont Hotel, Copley Plaza, Boston, Massachusetts USA</p>	June 2008
<p><b>Updates in Clinical Medicine</b>  University of the Philippines Medical Alumni Association in America  Annual Grand Conference CME  The Hyatte, Embarcadero, San Francisco, California USA</p>	July 2008
<p><b>What's up Doc? New Frontiers in Health Care</b>  University of the Philippines Medical Alumni Association in America  Annual Grand Conference CME  Wynn Hotel, Las Vegas, Nevada USA</p>	July 2007

<p><b>Medical Assessment of Fitness for Diving</b> Undersea and Hyperbaric Medical Society Seattle, Washington USA</p>	2006
<p><b>Marketing Health Services Program</b> Asian Institute of Management Makati, Philippines</p>	2004
<p><b>Masters in Hospital Administration</b> (completed 15 of 29 units) Open University University of the Philippines Manila, Philippines</p>	2002
<p><b>Advanced Undersea Medical Team Training</b> Hyperbarics International Key Largo, Florida USA</p>	2002
<p><b>Diving and Hyperbaric Medicine Introductory Course</b> Conducted by: Australian and New Zealand College of Anaesthetists Special Interest Group in Diving and Hyperbaric Medicine And Australian and New Zealand Hyperbaric Medicine Group The Alfred Hospital Melbourne Australia</p>	2002
<p><b>Diving Medical Officer</b> <b>Advanced Undersea Medicine:</b> <b>Chamber Operations, Gases</b> <b>and Chamber Life Support Systems</b> by International Board of Undersea Medicine Key Largo, Florida USA</p>	2002
<p><b>Postgraduate Course in Occupational Medicine</b> College of Public Health University of the Philippines Manila, Philippines Ranked 3<sup>rd</sup> in written examinations</p>	2001
<p><b>Rotating Internship Program</b> Univeristy of the Philippines - Philippine General Hospital Manila, Philippines Graduated top 30% Outstanding Intern in Rehabilitation Medicine Outstanding Intern in Otorhinolaryngology</p>	1996-1997

**Doctor of Medicine** 1992-1997  
College of Medicine  
University of the Philippines  
Manila, Philippines

**Bachelor of Science in Biology** 1988-1992  
College of Science  
University of the Philippines  
Diliman, Philippines  
Graduated Cum Laude  
Awarded Best Thesis

**Secondary Education** 1984-1988  
St. Scholastica's College  
Manila, Philippines  
Graduated Third Honor with Distinction

## **EMPLOYMENT**

*Medical Director*  
Metropolitan Doctors Medical Clinics  
Boracay Island, Aklan and Puerto Galera, Mindoro  
Philippines  
(Urgent care facilities in the tourist destination islands of  
Boracay and Puerto Galera in the Philippines, with extensive  
experience in treating foreigners and locals, doing home visits  
and airlifts and transfers when required) October 1999 - present

*Medical Officer III*  
Boracay Island Municipal Hospital  
Boracay Island, Malay, Aklan February 1999 - September 1999

*Attending Physician*  
Boracay Medical Clinic  
Boracay Island, Malay, Aklan December 1998 – February 1999

*Surgery Residency Program*  
completed one year of training as Medical Officer III  
University of the Philippines – Philippine General Hospital  
Manila, Philippines January –December 1998

*Hotel Physician*  
Traders Hotel  
Manila, Philippines September 1997

## **LICENSURE:**

Philippine Professional Regulations Commission  
Composite Board of Medical Examiners  
August 1997

License Number: 088661

Federal Aviation Authority  
Aviation Medical Examiner  
AME Designation Number: 03482

**CIVIC/PROFESSIONAL/SCHOOL ORGANIZATIONS/AFFILIATIONS**

UP Association of Biology Majors	1989-1992	Member
UP Lingap para sa Kalusugan ng Sambayanan (Caring for People's Health)	1990-present 1992-1992	Member Chairperson, Education Committee
Phi Kappa Phi Honor Society	1992-present	Member
Phi Lambda Delta Sorority	1992-present 1993-1994-1995	Member Sister Caritas
UP Med Choir	1992-present 1995-1996	Member Treasurer
Agape Christian Fellowship	1992-present	Member
UP Ugnayan ng Phainungod/ Oblation Corps	1991-present 1995	Volunteer Chairperson, Committee on Streetchildren
International Physician's for the Prevention of Nuclear War	1996 1995	Committee on Membership Member
UP Medical Students for Social Responsibility	1996	Charter Member
Philippine Medical Association Quezon City Chapter	1998-present	Member
Rotary Club of Boracay District 3850	1999-present RY 2000-01 RY 2001-02 RY 2002-03 RY 2004-05 RY 2006-07  RY 2007-08  RY 2008-09 RY 2009-10 RY 2010-11	Member Club Treasurer Vocational Service Director Club Secretary Vocational Service Director Community Service Director President Elect Club President Paul Harris Fellow Immediate Past President Club Service Director Club Secretary

Undersea and Hyperbaric Medical Society	2002-present	Member
International Board of Undersea Medicine	2002-present	Member
Local Health Board, Municipality of Malay, Aklan Philippines	2007-present	Member (representative of the civic groups sector)
World Society of Interdisciplinary Anti-Aging Medicine	2009 - present	Member
Philippine Red Cross Boracay - Malay Chapter	2011-present	Charter Member Interim Board of Director, Member Board of Directors, Member Chairperson, Disaster Response Committee Chairperson, Community and Nursing Services
Association of Aviation Medical Examiners	2011-present	Member (c/o Dr. Anthony Batchelor)
Red Cross- Red Crescent 2nd Asia Pacific Fundraiser's Network Jer Kan	2012	Working Group on Knowledge, Member

#### **RESEARCHES DONE**

Soil Actinomycetes: Isolation, Identification, and Screening for Antimicrobial Properties, 1992, Undergraduate Thesis (Won Best Thesis in the College of Science, University of the Philippines).

Circadian Rhythm Dependent Toxicity of Epirubicin in Mice, 1992 (Won 2<sup>nd</sup> Place in Annual Pharmacology Research Forum).

Preliminary Study of the Effects of Zingiber officinale Extracts on Mycobacterium tuberculosis Infection in the in-vivo Swiss-Mouse Model, 1993 (Won 2<sup>nd</sup> Place in Annual Pharmacology Research Forum).

Case Report on Typhoid Fever, 1994 (Presented in Annual Pharmacology Research Forum)

Portal Hypertension Second to Schistosomiasis: A Retrospective Study of 23 Cases, 1997 research elective paper)

Antibiotic Impregnated Plaster of Paris Beads: An In-Vitro Evaluation Using Erythromycin, 1998 (Presented in Annual Orthopedics Research Forum)

#### **SEMINARS ATTENDED**

Speaker, Resource Person on “Decompression Illness/Caisson’s Disease” during the Interdepartmental Conference of the Department of Rehabilitation Medicine of the Philippine General Hospital, September 9, 2006, Manila Philippines.

Speaker on “Island Misadventures” in the 8th Asia-Pacific Environmental and Occupational Dermatology Symposium held in October 25-27, 2005 conducted by the Philippine Dermatologic Society and Philippine College of Occupational Medicine, Westin Plaza, Manila, Philippines

“9<sup>th</sup> Biennial Convention: Allergy and Immunology in General Practice” held on September 2004, conducted by The Philippine Society of Allergy, Asthma and Immunology, in Manila, Philippines.

Philippine Obstetrical and Gynecological Society (POGS) 2001 Midyear Convention held on May 2004, conducted by POGS and POGS Western Visayas Chapter, Boracay Island, Philippines.

Advanced Cardiac Life Support Healthcare Provider’s Course held on September 2002, conducted by the Philippine Heart Center, Manila, Philippines.

The Electrocardiogram: From Interpretation to Clinical Correlation held on September 2001, conducted by Office of Education and Research of the Philippine Heart Center, Manila, Philippines.

7<sup>th</sup> Annual Convention of the Philippine Society of Hypertension and Philippine Lipid Society held February 2001, Manila, Philippines

Pediatric Surgery Annual Post-Graduate Course: Do’s and Don’ts: Current Concepts in the Management of Common Pediatric Surgical Conditions held December 1997, conducted by the Philippine Society of Pediatric Surgeons with the Division of Pediatric Surgery Department of Surgery, UP-PGH College of Medicine, Manila, Philippines.

Student Health Workers Training (resource person), held June 1996, conducted by University of the Philippines in the Visayas Ugnayan ng Pahinungod and Office of Student Personnel Services, Iloilo, Philippines.

Medical Students International Conference on Children and War held August 1995, conducted by International Physicians for the Prevention of Nuclear War (IPPNW), Medical Action Group, Children’s Rehabilitation Center, University of the Philippines-College of Medicine, University of the Philippines-Medicine Student Council, Manila, Philippines

IPPNW Children of War Immersion Program (Aklan delegation) held August 1995, Ibaday, Aklan, Philippines

Basic Life Support Training held May 1994, conducted by the Philippine National Red Cross Safety Service, Manila, Philippines.

**Personal Data:**

Civil Status: Married  
Birthday: May 20, 1972  
Place of Birth: Manila, Philippines.

**References available upon request.**